



HIGHLAND PARK

RECREATION

PARTICIPANT GUIDE



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The Highland Park Department of Recreation creates enrichment and sports opportunities for the members of our community to promote growth and development, healthy lifestyles and social connections.

Recreation Programs Overview



Types of Programs

The Highland Park Department of Recreation offers a variety of programs for youth, teens and adults. Programs offered differ each season. All current programs can be found [HERE](#).

How to Register

All program registrations and waivers must be completed online at HighlandParkRec.com no matter what payment method you are using.

Any registration completed after a program's registration deadline will incur a \$15 late fee and will be dependent on space available.

Please read all policies and waivers carefully.

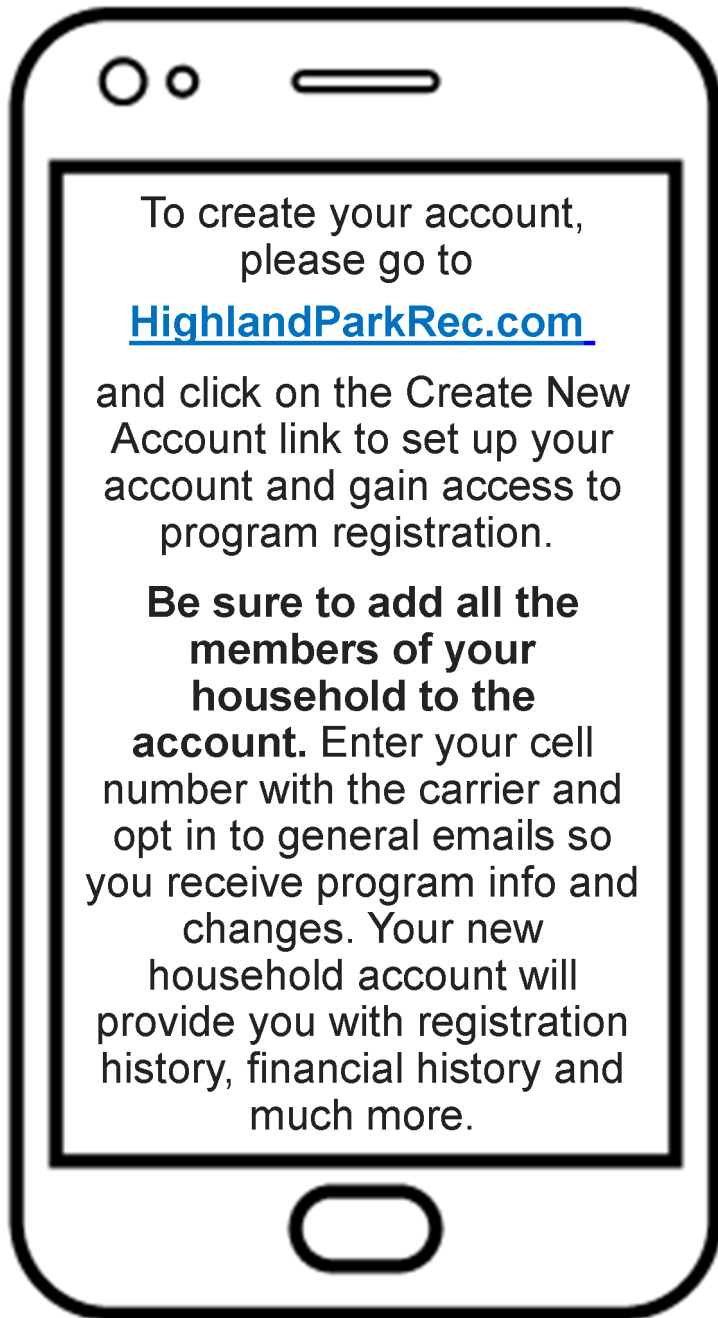




Highland Park Department of Recreation Announcement

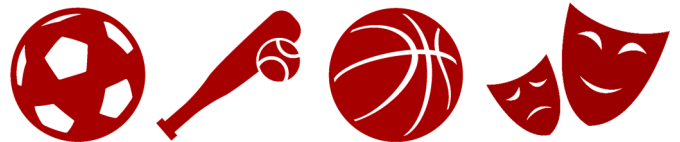


Highland Park Recreation Online Registration

You must register online for all programs no matter what payment method you are using



Payment Method	Where to Register and Pay
Debit or credit card 	Register and pay online
Check, cash, or money order 	Register online, print pre-registration form and pay in person



Register for programs at HighlandParkRec.com



@ Highland Park NJ Recreation



Youth Sports

Sports Clinics

Recreation Sports Clinics are non-competitive classes in the sport specified to provide a fun and positive environment for learning and developing skills.

Team Sports

Recreation Team Sports are designed to create a fair and equitable experience and a competitive environment where respect for all participants, coaches, staff and families is of the highest priority. Youth are provided the opportunity to learn about competition sports and teamwork in a way that promotes the athletic development of all participants.

Our major Team Sports include Soccer, NFL Flag Football, Basketball and Baseball/Softball. NFL Flag Football is a draft sport based on the pre-season Assessment Combine. Teams of all other team sports are balanced by the ages of participants registered for that season.

Although we cannot guarantee any placement, any requests to be placed on a team with another participant MUST be made by email at time of registration and before teams are made to be taken into consideration.

Interested in becoming a Volunteer Coach?

READ ON!

Volunteer Coaching

Benefits of Coaching

In addition to the rewards of dedicating time to the growth and development of our community's youth, Head Coaches will also earn an account credit of \$75 upon completion of the season to be used towards a future program. Fulfillment of the Coaching Expectations is required to receive the credit.

Expectations of a Volunteer Coach

A volunteer Head Coach takes on the responsibility of communicating with the team families, scheduling and leading practices, and attending games regularly. Both the Head and Assistant Coaches must exemplify good sportsmanship, include and encourage all players and create a fun and positive environment for learning.

Coaching Requirements

All volunteers working with youth through the Highland Park Department of Recreation are required to complete an online background check, complete and submit a volunteer application and create a MyRec account if they do not already have one.

Opt in to Coach or Assistant Coach when registering your child or contact us for more info!



The BOROUGH of HIGHLAND PARK

County of Middlesex, State of New Jersey
Highland Park Senior/Youth Recreation Center
220 South 6th. Avenue
HIGHLAND PARK, NEW JERSEY 08904



State of New Jersey

The following model athletic code of conduct is promulgated in accordance with the provisions of P.L. 2002, Chapter 74.

Preamble: Interscholastic and youth sports programs play an important role in promoting the physical, social and emotional development of children. It is therefore essential for parents, coaches and officials to encourage youth athletes to embrace the values of good sportsmanship. Moreover, adults involved in youth sports events should be models of good sportsmanship and should lead by example by demonstrating fairness, respect and self-control.

I therefore pledge to be responsible for my words and actions while attending, coaching, officiating or participating in a youth sports event and shall conform my behavior to the following code of conduct:

1. I will not engage in unsportsmanlike conduct with any coach, parent, player, participant, official or any other attendee.
2. I will not engage in any behavior which would endanger the health, safety or well-being of any coach, parent, player, participant, official or any other attendee.
3. I will not use drugs or alcohol while at a youth sports event and will not attend, coach, officiate or participate in a youth sports event while under the influence of drugs or alcohol.
4. I will not engage in the use of profanity.
5. I will treat any coach, parent, player, participant, official or any other attendee with respect regardless of race, creed, color, national origin, sex, sexual orientation or ability.
6. I will not engage in verbal or physical threats or abuse aimed at any coach, parent, player, participant, official or any other attendee.
7. I will not initiate a fight or scuffle with any coach, parent, player, participant, official or any other attendee.

I hereby agree that if I fail to conform my conduct to the foregoing while attending, coaching, officiating or participating in a youth sports event I will be subject to disciplinary action, including but not limited to the following in any order or combination:

1. Verbal warning issued by a league, organization or school official.
2. Written warning issued by a league, organization or school official.
3. Suspension or immediate ejection from a youth sports event issued by a league, organization or school official who is authorized to issue such suspension or ejection by a school board or youth sports organization.
4. Suspension from multiple youth sports events issued by a league, organization or school official who is authorized to issue such suspension by a school board or youth sports organization.
5. Season suspension or multiple season suspension issued by a school board or youth sports organization

Summer Camp

Day Camp • Grades K-5

Our Directors, Counselors, Junior Counselors and CITs bring the FUN and make it six incredible weeks to remember! Weekly themes, special events and activities change each year but the goal to encourage our campers' growth and build positive relationships remains the same.

Sports Camp • Grades 2-8

Led by experts in the field, campers will develop and hone skills in the sport(s) of focus for each week. You can pick and choose your favorites or attend all six weeks for the ultimate summer athletic experience!

Musical Theater Camp • Grades 2-8

Over the course of two weeks, campers are immersed in a performing arts experience while they practice, produce and perform a final theater production.

Leader in Training Camp • Grades 6-8

For older and wiser campers, this LIT camp will build leadership skills by encouraging community engagement with activities and experiences related to each of the sessions' themes.

Volunteer CIT Program • Ages 14-15

Recreation Sports Clinics are non-competitive classes in the sport specified to provide a fun and positive environment for learning and developing skills.



Adult Programs

Adult Programs

Adult programs are either instructional and led by a professional in the field or pick-up style and managed by a community volunteer.

Depending on the season, available programs may include art classes, fitness classes, men's and women's indoor basketball, coed soccer, coed volleyball and women's softball.

All current programs can be found at HighlandParkRec.com

All adult participants must be registered through MyRec and may not bring unregistered guests. Guest passes are not available.



Policies

Financial Assistance

Financial assistance is available to Highland Park residents for youth programs through our Free/Reduced Lunch Program Discount. To receive a 60% reduction in regular program fees, eligible families must submit their Free/Reduced Lunch eligibility letter or proof of household income and have their MyRec account already set up.

To receive a discounted Summer Camp weekly rate, eligible families must also submit the Summer Food Service Program Eligibility Form with their proof of income prior to camp registration. Please contact us to obtain this form.

Refund Policy

All refunds will be credited to a household account and funds may be used for payment of future registrations.

A refund credit will be given if withdrawal from a program occurs more than two weeks from the start of the program (credited to your household account) with a \$10 Administrative Fee. A 50% refund (credited to your household account) will be given if within 2 weeks from the start of the program. No refunds will be given after the start of the program.

In order to keep team sports fair, equitable and focused on community building, the Highland Park Department of Recreation does not guarantee requests for player/team placement. There will be no refunds for reasons due to player/team placement.

Free Program Policy

Programs that are free to our community have limited spots available and often build a wait list. If a participant misses the first day of a free program or misses multiple days without communication, they will forfeit their registration to the next person on the waitlist.

Highland Park Department of Recreation

Contact Us

Visit

The Borough of Highland Park Recreation Department is located at the **Highland Park Community Center**
220 S. 6th Avenue

Call

The Borough of Highland Park Recreation Department can be reached at
732-819-0052

Email

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asabovick@hpboro.com

